How to use Seretide® Diskus®
(Salmeterol/Fluticasone Propionate) -
Instructions for use Leaflet

Your healthcare professional should be consulted for advice on which Seretide Diskus is appropriate for you and your condition.

This leaflet is intended for patients who have been prescribed Seretide Diskus.

This leaflet has been designed to help you use your inhaler correctly. It should be used in conjunction with the patient information leaflet, where full information can be found and is not a substitute for reading it carefully. If you have any questions about your medicine please speak to your healthcare professional.
How to use Seretide® Diskus®

1. OPEN
   - Hold the outer case in one hand
   - Place the thumb of the other hand in the thumb grip
   - Slide the outer case away from you until it clicks

2. SLIDE
   - Hold your Diskus with the mouthpiece facing towards you
   - Slide the lever away from you until it clicks
   - Do not play with the lever as it opens the blisters and wastes medicine

3. INHALE
   - Hold your Diskus away from your mouth
   - Breathe out as far as is comfortable (Do not breathe into your Diskus)

4. OPEN
   - Hold your Diskus with the mouthpiece facing towards you
   - Breathe in steadily and deeply through your Diskus and not your nose.

5. CLOSE
   - Remove your Diskus from your mouth
   - Hold your breath for ten seconds (or for as long as is comfortable)
   - Breathe out slowly and calmly
   - Afterwards, rinse your mouth with water and spit it out. This may help to stop you getting thrush and being hoarse

6. CLOSE
   - Close your Diskus by sliding the outer case (see Step 1) back towards you
   - Your Diskus is now ready for your next dose

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